

MODERN HEALING

Combining the latest in 21st-century medicine & natural, holistic healing

*Anju Mathur, MD
of Angel Longevity
Medical Center*

Health Issues Not Resolving?

Stop treating your symptoms! Get to the root of your health problems and get better.

Anti-Aging Treatment

Feel & look younger,
inside & out!

IV Vitamin Therapy

Fast relief & long-term results for chronic and degenerative diseases, infections and toxins

Custom Programs

- The right diet
- The right supplements
- The right treatment to get you back to health

UltraSlim® Light Therapy

Fast, safe and effective fat loss & body toning



Get on the Road to Health! with a Free Phone Consultation

Schedule a free consultation with our
New Patient Health Consultant.

- Discuss your goals for your health.
- Learn more about our services and treatment options.

Call 818-306-4845 to schedule.

Real Patient Stories



"I feel in better control of my health. I feel more energized, my skin looks amazing and I have not been ill in three years. I lost weight without dieting and my Hashimoto's symptoms have disappeared. I look and feel younger and I am really healthy.

"I can't say enough good things about Angel Longevity. Everyone is so kind and they make you feel at ease. Dr. Mathur treats your whole person, not just the symptoms. She is knowledgeable and very cutting edge. I was also impressed with the way Dr. Mathur and her staff make you feel like a partner in your treatment." — Melyssa

Read more testimonials on page 8.

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Angel Longevity's
comfortable waiting area



Holistic Alternative Medicine

818-306-4845
www.AngelLongevity.com

Anju Mathur, M.D.

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Studio City, CA 91607

Office Hours

Monday - Friday:
8:30 a.m. – 5:00 p.m.

Cutting-Edge, Natural & Holistic Medicine for **EFFECTIVE TREATMENT**



Dr. Mathur takes the time to explain her diagnoses and treatment plans in detail, and answer any questions her patients may have.

Some personal health issues twelve years ago inspired Dr. Anju Mathur, Angel Longevity Medical Center founder, to transition from a purely medical practice to an integrative, functional medicine practice. “I found no solutions for my issues in mainstream medicine and it was also clear that mainstream medicine wasn’t working for most of my patients,” says Dr. Mathur. “I decided to look outside the box and educate myself.”

A thirst for knowledge and a desire to find the best treatments possible led Dr. Mathur to many healing disciplines and cutting-edge research. She describes the brand of medicine she developed as “holistic alternative medicine.” She adds, “It’s hard to describe it exactly, as we combine the best in holistic, natural and alternative methods with state-of-the-art medical testing.” However her brand of medicine is described, Angel Longevity’s patients like the results. “I was feeling really bad, lethargic, tired and unfocused,” says one patient. “I feel fantastic now, any complaints are a thing of the past!”

Finding the Root Cause of the Health Problem

Unlike conventional medicine, Angel Longevity doesn’t focus on symptoms or diagnostic labels. “Our practice is based on the principle that the body is capable of healing itself,” says Dr. Mathur. “Behind every health issue is some situation that is interfering with the body’s ability to function normally. We find the source of the problem and create a custom treatment program to remedy it.”

Scientific Medical Testing

Key to finding the source of a health problem is Angel Longevity’s sophisticated testing. The practice conducts multiple tests, as needed, in order to determine the patient’s health situation.

Understanding and Caring About the Patient

Good communication between doctor and patient is integral to successful treatment. “The ability to understand and listen is one of the most important skills a doctor should have,” says Dr. Mathur. Her patients frequently comment on her high level of care. Says Autumn, a hormone replacement patient, “Dr. Mathur listens to you, she’s very caring.”



Anju Mathur, MD

Holistic Alternative Medical Doctor

Dr. Anju Mathur practiced family medicine until 2006, when she transitioned to a holistic alternative practice in order to better help her patients. She is board certified in anti-aging medicine and is an expert in hormone replacement therapy and functional medicine, which focuses on the optimal functioning of the body and its organs.

She has helped countless patients return to health and enjoy a higher quality of life.



A patient is getting education on chelation therapy, a highly effective method of removing heavy metals from the blood.



Would you like a more **Natural** way to get healthy?
*Are you sick and tired of not getting results with
conventional medicine?*

THE NEW FACE OF MEDICINE

Patients can experience real results without side effects at Angel Longevity Medical Center. Dr. Mathur combines the best of cutting-edge holistic and alternative treatments with the latest in medical science to find the root cause of a patient's health condition—and remedy it.

I had seen numerous doctors whose treatments didn't make any difference," says Joe, an Angel Longevity patient who had been suffering from chronic fatigue syndrome since 1985. "In fact," he adds, "when I first got this, a doctor told me I had Epstein-Barr virus and that there wasn't any treatment for it and I would just have to get used to it." Dr. Mathur can show many case histories of patients who suffered from long-term adverse health conditions with no relief from conventional medicine.

"Doctors address symptoms with treatments, such as medications, that often have side effects of their own," says Dr. Mathur. "I investigate using sophisticated testing to get to the correct source of the problem. If a person is sick, it means there is something undermining the body's innate ability to function normally. Our job is to find out why and



Dr. Mathur uses a wide array of diagnostic and treatment techniques.

help the patient eliminate the cause of the problem." Dr. Mathur uses a wide array of treatment protocols, which, combined with her wealth of clinical experience and extensive education, enables her to get good results with almost everyone.

Joe agrees. "When I first came to see Dr. Mathur I felt very lethargic and tired

all the time, and had sleep apnea. After five months of treatment my energy is coming back, I am sleeping better and I have a lot more desire to do things. I couldn't be happier."

Personal, Custom Care

The keynote to Dr. Mathur's new medicine is personal, custom care. This includes really listening and understanding the patient and explaining treatment. "Most patients are never really listened to by their doctor. We firmly believe that the patient's health is a cooperative effort between the patient and our team, and together we can ensure the patient gets well, stays well and has the quality of life they want."

The Future of Medicine

Dr. Mathur's combination of advanced medical science and natural treatment protocols are considered by many to be where the future of medicine lies. "Medicine needs to become effective again and not use drugs and unnecessary surgery to treat symptoms," says Dr. Mathur. "It needs to focus on people and the causes of their health problems, and not symptoms or labels. At Angel Longevity we do just that."

Dr. Mathur harnesses the power of the body to heal itself with state-of-the-art healing technologies that address the root cause of the patient's health condition.



Angel Longevity Medical Center's **BACK TO WELLNESS PROGRAM**

Angel Longevity's Back to Wellness Program is designed to return health and vitality to patients with debilitating or chronic health conditions. Each program is customized to the individual patient.

People with health conditions such as autoimmune diseases, heart disease, cancer, diabetes or any other chronic or complex illness can benefit from the Back to Wellness Program.

Getting to the Root of the Condition

In order to effectively help with the above types of health problems, it is vital to get to their source. This requires an evaluation of all organ systems of the body, including the gastrointestinal, immune, cardiovascular, hormonal and nervous systems.

Dr. Mathur does this by getting an extensive personal health history and through comprehensive testing. She tests for toxicity caused by heavy metals, solvents and other toxins. She also looks for biochemical imbalances in the body, food allergies, hormone imbalances, cardiovascular issues and other factors

in her hunt for finding the source of the health condition. "I'm a medical detective," says Dr. Mathur. "I take everything into account, even a patient's lifestyle and life issues."

Comprehensive, Cutting-Edge Treatment

Dr. Mathur uses a variety of state-of-the-art treatments to return her patients to health. Patients may receive the following therapies:

- IV Therapy—a variety of intravenous nutritional drips that support the body's organ systems and kick-start the healing process.
- Liver detoxification.
- Nutrition—personalized diets and supplementation, based on Metabolic Typing, that eliminate foods toxic to the individual and provide foods that assist healing.

This is an intensive treatment phase that usually takes about four months. It includes unlimited doctor-patient consultations to assess progress and fine-tune treatment.

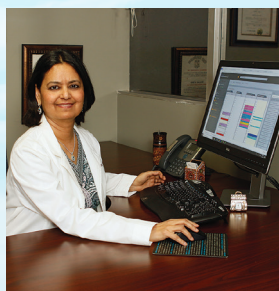
After four months the patient is typically doing much better and can go into a stabilization phase, with less IVs required. Sometimes lab retesting is done, and hormone replacement therapy is often included in this phase to utilize the power of hormones to stabilize the body's systems and organs.

Once health is returned, the patient goes into the maintenance phase, which includes testing and adjustments. "This is key to keeping the patient well," says Dr. Mathur, "even when they feel great."

Call 818-306-4845 to schedule your personal consultation.



Comprehensive testing to get to the root of the health condition



Personalized treatment protocol to address the cause of the problem



Bi-monthly doctor-patient consultations



Correct diet and supplementation to revitalize the body and eliminate toxins



IV therapy to kick start healing and provide immediate relief



"I'm feeling very good, back to normal and I would tell all my friends to see her because this was the best thing I've done." — Maria



NATURAL HORMONE

Balancing & Replacement

Patients can feel better, sleep better, have more energy, arrest degenerative conditions and live longer with Angel Longevity's natural Hormone Balance for Life program.

Bioidentical Hormones

Dr. Mathur is a specialist in Bioidentical Hormone Replacement Therapy (BHRT), a natural method of balancing and replacing hormones. Bioidentical hormones are hormones that are identical on the molecular level to hormones produced by the body and won't cause further imbalances or side effects. Dr. Mathur uses hormones made from natural sources that are proven to be safe and effective.

How BHRT Works

Dr. Mathur starts with thorough testing to correctly ascertain the patient's hormone levels. Treatment is very individualized and takes into account factors such as lifestyle and relationships. She also tests for any needed detoxification and need for additional nutritional supplements. If the patient is over 45, Dr. Mathur tests their hormones to determine what level they are at, as compared to a "youth" level of about 25 to 30 years of age. She then works to restore the hormones to these levels and ratios. "We balance the hormones one at a time, taking the most needed first," says Dr. Mathur. "If you do all the hormones at once, you can't really control what is happening."

A tight control is essential to the success of BHRT. As an MD, Dr. Mathur has access to hormones and an ability to monitor their levels, but unlike most MDs, she is fully trained in how to optimize, monitor and balance hormones correctly. "It's very important to monitor the levels," says Dr. Mathur, "otherwise, the patient could be given the wrong dose. You want to monitor the hormones so that you get the best benefits without adverse affects."

Call 818-306-4845 to schedule your personal consultation.

Potential Benefits of Hormone Balancing

- More positive moods and better focus
- Stronger bones and muscles
- Improved metabolism
- Weight loss
- Improved sleep
- More youthful appearance
- Improved sexual function
- Reduced risk of degenerative diseases such as cancer and heart disease.

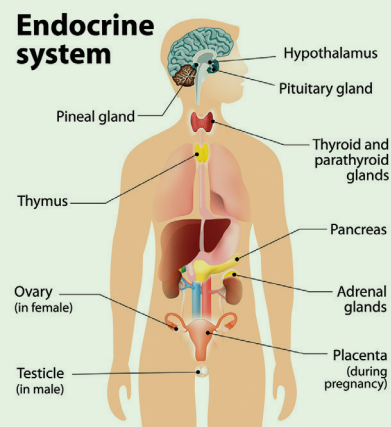
Hormonal Issues Angel Longevity Treats

- Menopause
- Hot flashes
- Thyroid disorders
- Adrenal fatigue
- Male menopause
- Anti-aging

"I had thyroid issues and the endocrinologist gave me synthetic hormones but I didn't feel any better. I was fatigued and never felt rested, and I had a depressed mental outlook.

"I was so happy to find Dr. Mathur and Angel Longevity. They helped me to find a balance I didn't know was possible.

"My overall sense of well-being has improved and I have a better mental outlook and renewed confidence. I have more energy and stamina to perform as I need to in my life and profession." — Sommer



The endocrine system is the collection of glands that produce hormones to regulate the functions of the body. Hormones are messengers that tell the cells in the body what to do. Each person has a specific balance of hormones that is ideal for optimum health and energy. As a person ages, the cells that generate the hormones die off, causing the hormones to become imbalanced, precipitating health problems.



ANTI-AGING

Angel Longevity's Healthy Aging Program helps patients slow the aging process, as well as restore vitality and reduce the risk of degenerative and chronic disease. Dr. Anju Mathur is a specialist in anti-aging treatments.

As people age they not only experience changes in their hormone levels that can leave them with less energy and vitality, but their lifestyle choices may also take quite a toll on their health. Poor diet, environmental toxins and lack of proper exercise can undermine health over time. Coupled with hormone changes, life can become very difficult indeed.

Dr. Mathur created the Healthy Aging Program to fight the effects of aging and poor lifestyle choices. She brings patients back to a level of health and vitality they haven't experienced for years.

Steps to Reverse Aging

Dr. Mathur first works to balance the hormone levels back to a point of youthful vitality. She puts patients on the correct diet and supplementation for their metabolism. During this time patients receive ongoing consultations to fine-tune the process. Once a patient's hormone levels are stabilized and they are feeling energetic and healthy, Dr. Mathur creates a maintenance plan to keep nutrition and hormones optimum. "Maintenance is the key to anti-aging, as the body is getting older every day," says Dr. Mathur. "This anti-aging technology is going to be the future of medicine," she adds. "It gets fantastic results."

Call 818-306-4845 to schedule your personal consultation.



Melyssa is going over her nutritional test results.



Natural supplements and hormones help return the body to a youthful state.



Patients can also receive anti-aging treatment on the outside! Above: Dr. Mathur uses an aesthetic laser for wrinkle treatment.



UltraSlim light therapy reduces fat and tones the body. See p. 13.



"I was diagnosed with Mastocytosis, which is a blood disorder. There is no cure for it, just a lot of symptoms. I was really struggling with digestion issues, and fatigue was my number one issue. I came here and Dr. Mathur put me on ozone therapy to detox my blood, which helped almost instantly, and a Vitamin C drip that I could feel each week was helping me with my energy. Now I'm able to do more things with my kids, and I'm not sick anymore!" — Angel



"I was suffering hormonal symptoms from menopause. Through questioning, Dr. Mathur was able to get from me other issues that I had just gotten used to and didn't consider issues. In each visit we went through a list of my issues to see what had improved until all my issues were checked off. The hormonal problems were fixed within two weeks, which was amazing, as I had been suffering from these for about two years. My energy level hasn't been this good in years." — Francesca



REAL PATIENT STORIES

"Recently, my cat scans showed that I am free of cancer. I feel great and I thank Dr. Mathur for treating me!" – Nieves



"Early this year I was diagnosed with cervical cancer and I had a hysterectomy done. I was advised to undergo radiation and chemotherapy. But my daughter, who was once a patient of Dr. Mathur, told me that I should go with a natural way of healing myself. I was advised by Dr. Mathur to undergo a vitamin C drip and Ultraviolet Blood Irradiation. I got both of them and today is my last day for the UBI. The IV supplements and advice Dr. Mathur gave me have really helped a lot.

"Diet has also helped me a lot. My daughter insisted that I follow the diet because what you eat is how you live.

"Recently, my cat scans showed that I am free of cancer, I feel great and I thank Dr. Mathur for treating me! I also thank the nutritionist, and the staff that are also very nice." – Nieves

"After just my first treatment I felt 15 years younger! I need less sleep and I have more energy." – Derrick

"I had diabetes and clogged kidneys. I was at risk for heart attack and stroke. My testosterone was low. I also had loss of muscle tone, no energy and I couldn't get out of bed. I got chelation and ozone therapy, as well as hormone therapy and nutritional counseling.

"After just my first treatment I felt 15 years younger! I needed less sleep and I had more energy. As a result of my treatment, I have more energy, lower blood sugar, better libido and more energy overall. I also know what meal choices to make now that are best for my health. I'm excited about how I'll feel in the future.

"Dr. Mathur has a caring attitude. It's hard not to look at her without seeing a halo!" – Derrick





"Dr. Mathur's care and treatment literally changed my life."
— Trevor

"My wife and I were experiencing the gradual effects of aging. Both of us were having weight changes and memory loss, and my focus was poor. Dr. Mathur isolated the hormones that were off and improvements were forthcoming in just a few months. Not only did my memory and concentration improve, but I gained a higher level of concentration and confidence. My wife lost so much weight that she was fitting into clothes she hadn't worn for years, so she happy, me happy.

"The nutritionist quickly tweaked my already very healthy diet, helping me avoid inadvertently depleting my minerals. I would never have known how low my minerals were without testing or that my 'good' food choices were slowly taking me down the wrong path.

"Dr. Mathur's care and treatment literally changed my life. I stride forward with greater mental clarity, drive and confidence. Thanks Dr. Mathur and staff."
— Trevor



"My name is Maria. I came to Dr. Mathur at Angel Longevity Medical Center a year and a half ago. When I came here I was feeling really sick, depressed and I was losing weight. I had no energy and all my muscles were hurting.

"We started by doing testing: on my nutrition, my hormones and on what was going on inside my body. I felt very confident because of how thorough the tests were. Dr. Mathur was able to discover all the reasons why I was not doing well.

"My treatment included UBI (ultraviolet blood irradiation), vitamins and hormone medication, which Dr. Mathur kept checking. I felt safe and I felt that Dr. Mathur knew what she was doing. And little by little I started to feel energized and much better.

"Here we are a year and a half later, and I'm feeling very good, back to normal. I tell all my friends to come and see Dr. Mathur because this was the best thing I've done. Thank you." — Maria



"Dr. Mathur is cutting edge. She knows and applies what works."
— Idilko

"Dr. Mathur is cutting edge. She knows and applies what works. Prevention and real healing comes with her treatment modalities. She is detailed with scientific knowledge and being intuitive. She understands the importance of listening to and working with the person desiring healing.

"I now have a better immune system. No colds, no flu." — Idilko

"In the past I had been treated for symptoms. Dr. Mathur can find the underlying cause of a health condition." — Clark



"Dr. Mathur is competent, friendly, knowledgeable and intellectually curious.

"In the past I had been treated for symptoms. Dr. Mathur can find the underlying cause of a health condition and she takes her time with you. Her treatment is effective. The staff are friendly and professional.

"I am much healthier. Dr. Mathur cured my allergies and asthma and I have more energy." — Clark



INFUSION CENT

Intravenous vitamin and nutrient infusions have become a powerful healing force recognized by many doctors and scientists. Dr. Mathur provides a variety of infusions to address a wide array of conditions. She uses high-quality ingredients that are free of any chemicals that could be toxic to the body.

IV Vitamin Therapies

Intravenous (IV) therapy feeds vitamins, minerals and other nutrients directly into the bloodstream, bypassing the digestive system. Many nutrients are rendered inactive in the digestive tract or are not absorbed well due to poor intestinal function. By directly administering the nutrients into the bloodstream, higher than normal levels of specific nutrients can be achieved, which can quickly supplement deficiencies and help boost the immune system and healing.

Conditions That Can be Treated with IV Vitamin Therapy

Dr. Mathur can treat most diseases and health conditions with IV vitamin therapy, often in conjunction with diet changes and detoxification. Some of the conditions she typically treats with IV vitamin therapy include the following:

- Asthma
- Fibromyalgia
- Chronic fatigue syndrome
- Mononucleosis
- Diabetes
- Hepatitis
- Cancer
- Multiple sclerosis
- Herpes

- Autoimmune diseases
- Chronic viruses and infections
- Poor immunity
- Poisonous bites
- Migraines
- PMS
- Muscle spasms
- Heart disease
- Addictions
- Flu, colds, respiratory infections
- Lyme disease
- Pre-operative and post-operative support

IV Infusions

Dr. Mathur uses powerful mixtures of vitamins, minerals and nutrients ("cocktails") to specifically target diseases and conditions. For instance, the very-popular and effective **High-Dose Vitamin C** infusions give a strong boost to the immune system and the patient's energy. It has also been found to be effective in helping treat cancer. **Glutathione**, a master antioxidant, fights infections, viruses and chronic diseases such as cancer and coronary disease. It has even been proven to help Parkinson's patients. **Vitamin B** therapies and supporting vitamins and minerals are powerful energy and immune boosters. They can help with migraines,

fibromyalgia and muscle spasms.

Patients can also get an overall **Immune Enhancement Infusion** that is effective in knocking out a wide variety of infections and chronic diseases. Dr. Mathur highly recommends **IV Poly MVA Therapy** to fight cancer and chronic fatigue.

After testing and analysis, Dr. Mathur can recommend the course of IV infusions that will best work for the patient.

Call 818-306-4845 to schedule a personal consultation.



"I had a lot of problems and I was tired a lot. The doctors couldn't figure out what it was. After a few IVs, I feel really good. I had Vitamin C and UBI drips. I have more energy and I can sleep better." – April



Angel Longevity Medical Center has a comfortable, airy room for IV therapy.



IV patient, Clark, learns about IV therapy.



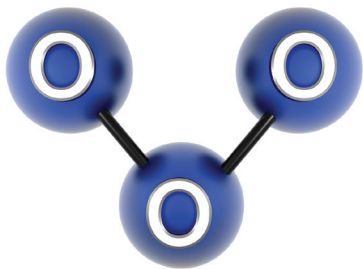
Patients can relax, read a book or listen to music.

ENTER *Fast & Powerful* HEALING!

High-Dose Ozone Therapy

High-dose ozone therapy, the administration of multiple doses of a solution of ozone intravenously, has been providing some astounding results. Ozone therapy oxygenates the body with supercharged oxygen atoms.

A great number of diseases can be helped with ozone therapy, as confirmed by many scientific studies. These diseases include circulatory disorders, age-related conditions, inflammatory conditions of the large intestine, herpes, hepatitis, rheumatism and arthritis. Ozone therapy is also used as a complementary treatment for cancer.



Why Ozone?

Ozone is an oxygen molecule with three atoms in its molecule instead of oxygen's two. Ozone targets diseased cells, leaving healthy cells untouched. Numerous scientific studies have proven that ozone in high enough dosages can render powerless bacteria, viruses, fungi, parasites and cancers in diseased cells.

Ultraviolet Blood Irradiation

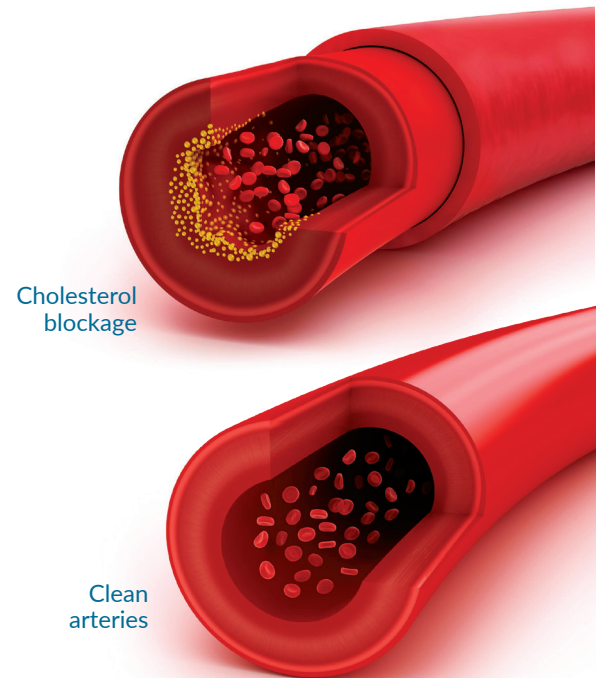
Ultraviolet blood irradiation (UBI) is an important component of Angel Longevity's Back to Wellness Program. Some of the patient's blood is exposed to ultraviolet light and returned to the blood system. Evidence has shown that UBI can strengthen the immune system, improve circulation, kill viruses, bacteria and fungi and help the body to detoxify.

Dr. Mathur often combines UBI with ozone to give a super-charged treatment for resistant infections such as pneumonia, as well as cancer, arthritis and circulatory disorders.

Chelation Therapy for Metal Detox

Chelation therapy is the gold standard for detoxification of toxic metals. According to the EPA, there is no safe level of toxic metal, yet metals such as mercury, arsenic, lead and cadmium are common in people's bodies. High levels of metal toxicity can cause hormone imbalance, a weakened immune system, cancer cell activation, impaired metabolism and circulation, and a change in the cells' and tissues' biochemistry.

Chelation is the process of binding metal into organic molecules and removing it from the tissue. Binding agents are infused into the patient's bloodstream to remove the toxic metals. Patients can enjoy universal health benefits as a result.



Cholesterol blockage

Clean arteries

Chelation therapy has been used for decades to improve many cardiovascular symptoms, including the lowering of bad cholesterol levels.

Infusions are powerful healing agents that can give immediate relief and spectacular long-term results. Dr. Mathur conducts comprehensive testing and analysis and, as part of her treatment plan, includes the infusions that will most benefit the patient's health condition.

Call 818-306-4845 to schedule your personal consultation.

NUTRITION

the Foundation of Good Health

"The foundation of each person's body and health is nutrition," says Dr. Mathur. "We do nutritional testing to see what kinds of food our patients should be eating and what kind of supplements they should be on."



Dr. Mathur created her own supplement line to provide effective supplementation for specific health issues.

A vital part of anyone's journey to good health is a correct diet and a sufficient supply of the nutrients that are essential to the body's operation. At Angel Longevity, patients get tested for missing nutrients, imbalances, food intolerances and for the type of diet that will best suit them.

within one to two hours after eating, you feel more tired, your mood worsens, you still feel hungry, crave sweets or need a "pick-me-up," then you need to change your diet. More precisely, you would need to change not only what you eat, but also the ratio of the proteins, fats and carbohydrates eaten.

Expert Nutritional Counseling

Patients meet with Dr. Mathur to review the results of their tests. She puts them on a diet that will help resolve their health issues. She also advises them on the ratios of the different foods they should eat, where to buy the food, how to prepare it and even helps with recipes. The idea is to help patients maintain their lifestyles and still have the best food possible.

How Do You Know if Your Food is Wrong for You?

After eating, you should feel an elevation of your energy, a normalization of your mood and a sense of feeling satisfied. If,

Metabolic Typing

These ratios are established through metabolic typing. There are two major bodily functions that influence the type of fuel a person needs to maintain optimum energy levels: the Autonomic Nervous System (ANS), which regulates energy levels, and cellular oxidation, which is the rate at which cells convert nutrients to energy. These two functions are genetically unique for each person and result in nine metabolic diet types to maintain optimum energy levels. Dr. Mathur does metabolic type testing to determine which metabolic diet type a patient should follow.

Food: Poison or Medicine?

Food is the most powerful "drug" on earth. You eat it several times a day, every day. Your food can be your medicine or your poison. It has the power to heal, but it also has the power to make you ill. With the exceptions of accidents and suicide, the 10 leading causes of death in the U.S. are all linked to eating the wrong foods, and all of them have been cured by following the right diet!

Call 818-306-4845 to schedule a Nutritional Consultation.



Trevor

"The nutritionist quickly tweaked my already very healthy diet, helping me avoid inadvertently depleting my minerals. I would never have known how low my minerals were without testing or that my 'good' food choices were slowly taking me down the wrong path."



Robin

"I had irritable bowel syndrome and ended up going to the hospital, but they only gave me drugs to cover the symptoms. I came to Dr. Mathur and she gave me lots of tests to find the root cause. She found there were things that I was eating that I wasn't supposed to. I now have no more stomach issues."



Vernita

"With my treatment and nutritional supplementation, I now have very little joint pain, I feel great, with lots of energy, and I can see perfectly, I haven't been able to see this well in four years! I feel I can now control my conditions and maybe even reverse them!"



Marty

"I'm on a whole new diet which, honestly, is kind of hard for me to transition to, but I'm doing it and I'm excited to go down that road. So super excited about what's going on and I couldn't recommend a better place to come to get better and heal."

Fast, Effective and Safe WEIGHT LOSS PROGRAMS

Attempting to lose weight can be a frustrating experience for many people. All of Angel Longevity's health programs will assist patients in losing weight, but Angel Longevity also provides two weight loss programs for people wanting to lose weight quickly and healthily.

UltraSlim® Light Therapy Weight Loss

UltraSlim uses a safe, gentle light to quickly strip away unwanted fat. Other non-invasive technologies, such as ultrasound, laser, radio waves, heat and freezing, operate by killing cells, which can have dangerous side effects. Their fat reduction takes weeks or months but may not be permanent. Should the fat return, it returns in lumpy accumulations.

Immediate Results

With UltraSlim patients lose an average of 3.5" and 1.6 liters of fat, and as much as 10" and a gallon of fat, in just 32 minutes! In just a few treatments, patients can achieve their desired weight.

Tighter, Toned Skin

UltraSlim produces collagen and elastin fibers, giving tighter skin and a younger appearance.

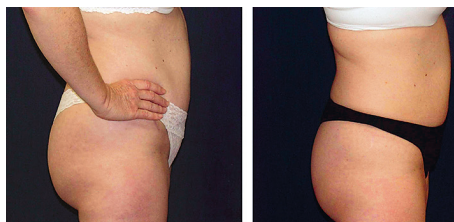
Permanent Fat Loss

With UltraSlim, patients can achieve permanent fat loss through a natural body function called "lipolysis", in which the fat cells are permanently excreted.

Safe, No Side Effects

UltraSlim is the only fat-reduction device classified in the lowest risk category of medical devices—the same category as tongue depressors!

NO	DIETING
NO	EXERCISE
NO	SURGERY
NO	SIDE EFFECTS
NO	DRUGS
NO	PAIN



This patient had smoother, tighter skin and reduced fat after just 6 treatments.



This patient had a big reduction in fat under the chin in only 2 treatments.

Try an UltraSlim Treatment for 60% Off!

Lose 2 inches in a 32 minute treatment or get your money back.
100% Guaranteed! Call 818-306-4845 to schedule.

HCG Diet

Lose weight and keep it off!

The HCG diet employs the body's natural process of removing and burning fat through stimulation by the HCG hormone, along with a low-calorie diet. The HCG hormone is normally used to release stored fat to growing fetuses in pregnant women. When HCG is taken by non-pregnant women and by men, it will release stored fat from stubborn areas, such as hips, thighs, butt and upper arms.

As the HCG diet changes people's appetite and eating behavior, it is possible to adopt a healthy diet and lifestyle and maintain the weight loss. Angel Longevity provides the HCG diet and can recommend how to make the most of it.



Conditions **Angel Longevity** Can Treat

As a medical and holistic practice, Angel Longevity Medical Center can treat most any health condition. People that can particularly benefit from Angel Longevity's services are those that have been struggling with chronic health conditions, autoimmune issues and hormone imbalances. Many of Angel Longevity's patients have been to conventional medical doctors, without satisfactory results, and sometimes even had a worsening of their condition. With Dr. Mathur's mix of advanced medicine and cutting-edge natural and holistic methods, these patients are able to finally get better. Below are conditions Angel Longevity typically treats.

Allergies & Respiratory Problems

- Allergies
- Eczema
- Rashes
- Asthma
- Food Sensitivities
- Respiratory Issues

Autoimmune Diseases

- Lupus
- Rheumatoid Arthritis
- Hashimoto's Disease
- Multiple Sclerosis
- Parkinson's Disease
- Chronic Fatigue Syndrome
- Inflammatory Bowel Disease

Chronic Disease

- Diabetes
- Heart Disease
- Hepatitis B and C
- Cancer Adjunctive Therapy

Fatigue & Low Energy

- Chronic Fatigue & Low Energy
- Adrenal Fatigue
- Epstein-Barr Virus

Digestive Issues

- Leaky Gut
- Irritable Bowel Syndrome
- Acid Reflux
- Ulcerative Colitis
- Constipation
- Bloating
- Liver Toxicity

Hormonal Issues

- Hormonal Imbalances
- Thyroid Disorders
- Menopause
- Andropause (decline of testosterone levels)

Urinary System Diseases

- Urinary Tract Infection
- Interstitial Cystitis

Additional Treatments for:

- Obesity
- Macular Degeneration
- Lyme Disease
- Heavy Metal Toxicity
- Chronic Headaches & Migraines
- Mental Fog

Your condition not listed above? Call 818-306-4845 to see if we can help you!



Not sure what is wrong with your health?

Unable to get a correct diagnosis?

Dr. Anju Mathur can get to the root of your condition and give you a correct diagnosis and treatment plan.

Call 818-306-4845 to schedule a consultation.

Beating Chronic Disease

Chronic disease and autoimmune diseases are often considered to be only 'controllable' but not really 'curable.' However, with modern integrative medicine, using sophisticated tests that get to the root of the condition and cutting-edge healing tools, Dr. Mathur has helped many patients reverse chronic disease and return to a state of wellness.

Dr. Mathur broadly classifies the underlying reasons for chronic disease into groups:

1. The body is being influenced by something toxic to it, such as chemicals, heavy metals, pesticides, viruses and parasites.
2. The body is deficient in something essential to its health, which could include hormones, enzymes, vitamins and minerals.
3. There are hormonal or nutritional imbalances which undermine metabolic pathways and the body's optimal functioning.

"Fortunately, we have several tools that are very effective in treating these various factors," says Dr. Mathur. These tools include targeted nutrients, a metabolically correct diet, IV vitamin infusions to boost the immune system, detoxification protocols and hormone therapy. "Each person gets an individual treatment plan," says Dr. Mathur. "Along with needed lifestyle changes, these treatments can help a patient regain vitality and reduce the debilitating symptoms of chronic disease."

Learn about Angel Longevity's Back to Wellness Program on page 5.

Call 818-306-4845 for more information, or to schedule an appointment.



ANGEL LONGEVITY MEDICAL CENTER SERVICES

Alternative, holistic treatment
that gets to the root of the health condition.

New Patient Consultation

Exam and consultation. Bring in your medical records, medications and supplements. Get a custom treatment plan designed to bring your health back to optimum.

Back to Wellness Program

For people with chronic conditions. P. 5

Hormone Balance for Life Program

Correct imbalances with Bioidentical Hormones. P. 6

Healthy Aging Program

You don't need to feel the affects of age! You can feel youthful on this program. P. 7

IV Therapy P. 10-11

- High-Dose Vitamin C
- Glutathione
- Vitamin B
- Immune Enhancement Infusion
- Poly MVA Therapy
- High-Dose Ozone Therapy
- Ultraviolet Blood Irradiation (UBI)

Chelation Therapy

The most effective heavy metal detoxification process. P. 11

Liver Detoxification

The liver removes toxins from your body but it may need cleansing to maintain optimum health and digestion.

Nutritional Counseling

Get on the diet that's right for your body and provides essential nutrients, and not ones that make you ill. P. 12

Metabolic Typing

Expert metabolic typing for a diet that suits the body. P. 12

Icon™ Aesthetic Laser Therapy

Gently remove wrinkles, sun damage, age spots, skin discoloration, rosacea, unwanted hair, spider veins and acne scarring.

HCG Diet

Healthy, permanent weight loss. P. 13

UltraSlim® Light Therapy

For fast fat loss and body toning. P. 13



Efficient, Affordable Healthcare

Angel Longevity provides easy, flexible payment plans with zero and low interest. Many of our health-changing wellness services are not covered by insurance, but we have maintained affordable rates. The biggest savings is in the speed of recovery compared to conventional medicine and a greater ability for our patients to get the things done in life they want to.

We Got Our Health Back at Angel Longevity Medical Center!



Idilko

"I now have a better immune system. No colds, no flu. Dr. Mathur applies what works."



Consuelo

"I was bedridden for two months, was very weak. I'm stronger now and I can work all day!"



Maria

"I felt sick, depressed and I had no energy and was losing weight. Now I am back to normal!"



Brad

"Dr Mathur introduced me to UBI and Ozone treatments and I can tell you it was phenomenal."



Genevieve

"I've had Crohn's disease for years. Now I get better rest, feel more energized and have a better outlook on life."



Linda

"I have no more numbness, tingling in my fingertips, brain fog, muscle aches or pains."



Jacque

"Dr. Mathur gave me my life back. She gave me the energy to enjoy life again."



Barbara

"I was pre-menopausal, and since treatment, I can sleep, my mood is back and I have more energy."



Colleen

"I have no more hot flashes, night sweats or anger. I had low energy and now have a lot."



Jared

"Right out of the gate, it was a very pleasant experience. I highly recommend this place."



Anju Mathur, MD
12840 Riverside Dr., Ste 402
Studio City, CA 91607

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U.S. POSTAGE
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LONG BEACH, CA
PERMIT NO. 2371

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Residential Customer



Alternative & Holistic Medicine for Optimum Health & Well-Being

- Get to the source of your health problems for real solutions and recovery.
- Experience state-of-the-art, natural treatment using the latest advances in medicine and biochemistry.
- Feel better!
- Look and feel younger.
- Prevent disease and reverse aging.

"I feel in better control of my health. I feel more energized, my skin looks amazing and I have not been ill in three years. Dr. Mathur treats the whole person, not just the symptoms. I can't say enough good things about Angel Longevity Medical Center." — Melyssa



FREE PHONE CONSULTATION

Get on the road to health! Schedule a free consultation with our New Patient Health Consultant.

- Discuss your goals for your health
- Find out how we can help your health condition
- Learn more about our services and treatment options
- No obligations

**Call 818-306-4845 to schedule
your personal consultation!**



www.AngelLongevity.com